

ANDARA SPA

ANDARA SPA is luxury redefined. Indulge in the exceptional, where treatments are a celebration of all that life and living Andara Spa, nestled amongst beautiful surroundings awaits your visit. We invite you to join us for a complete and total immersion of all the senses. Andara Spa assures privacy, seclusion and a quiet escape, whether for a few hours, an entire day, or longer. Specialists are available by appointment for a variety of spa treatments aimed at total relaxation, rejuvenation, and completely luxurious pampering.

SPA GUIDELINES

Reservations

For Spa reservations, please contact Andara Spa by telephone at 076 338 777, fax: 076 338 949 or email: Spa@andaraphuket.com

Hours of Treatment

All treatments are available from 9 am until 8 pm daily.

What to wear

You may wish to wear your own bikini/briefs or we can provide you with hygienic disposable briefs. Alternatively, some treatments may be more enjoyable without clothing. Decide what is more comfortable for you. Our therapists will always use draping techniques to respect your privacy.

Mothers-to-be

We have our very own blend of "mother-to-be" oil massage and modified therapeutic treatments just for expecting mums.

Allergies

Our skilled therapists will ask you to fill out a registration form on arrival, Please be sure to list any allergies or health-related issues that you feel may prompt a change in our therapies or products for your treatment.

Preparing for your treatment

For ladies, no preparation is necessary. Turn up and enjoy! For men, we recommend shaving prior to having a facial for maximum comfort and benefit to the skin. Other treatments require no preparation.

Your comfort – Do let us know!

Although we do our best to anticipate your needs, we appreciate that a spa is a very individual experience. Please let your therapist know if there is any way that she can improve your treatment or comfort – for example, heavier or lighter massage pressure, an extra towel, sound or lighting levels, etc. We appreciate your feedback and encourage you to kindly fill in a Guest Questionnaire following your treatment.

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Andara Spa Signature Massages

Ayurveda Massage

ANDARA spa has redefined the essence of relaxation by combining therapies of Thai, Asian and Indian influences. The therapist uses smooth strokes focused on loosening knotted, tense muscles, and follows this with pressure point massage to specific meridians to ease further congestion. Ayurveda massage results in a complete and total de-stress of ones being where the therapist uses consistent flowing strokes switching from palm to body.

60 min 3,000 Baht

Traditional Thai Massage

Traditional treatment that unblocks trapped energy and improves vitality. Often referred to as passive yoga, it incorporates yoga-like stretches that loosen joints and balance major muscle groups of the body. No oil is used during this treatment and Thai pyjamas will be provided.

60 min 3,300 Baht / 90 min 4,500 Baht

Javanese Massage

Inspired by traditional Balinese techniques, this massage relaxes your body and restores balance and harmony. Our therapist delivers long, smooth strokes using her entire arm for this strong massage.

60 min 3,000 Baht

Swedish Massage

A full body massage that utilizes palm and fingertips to stimulate and improve circulation. The blended oil used is suitable for all skin types and helps skin remain supple.

60 min 3,000 Baht

Jet lag Massage

This stimulating massage of aromatic oils applied using special massage techniques over the entire body will invigorate the senses. Perfect for those suffering from fatigue, especially jet lag.

60 min 3,000 Baht

Combination Massage

Combining Thai and western techniques, this body massage reduces tension and soothes sore and fatigued muscles.

60 min 3,000 Baht

Reflexology Massage

Reflexology technique of applying gentle pressure to points of the feet encouraging a state of deep relaxation and stimulating the body's own healing process.

60 min 3,000 Baht

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Body Care

Black Sesame Scrub

Made from golden honey and black sesame seeds this scrub is ideal for dry to normal skin. The sesame seeds gently exfoliate your skin, while a natural honey remedy aids in healing any wounds and promotes new cell growth.

45 min 1,500 Baht

Jasmine Rice Scrub

Exfoliates and cleans the skin, stimulating blood circulation and removing daily toxins. The skin will be much brighter more youthful in appearance.

45min 1,500 Baht

Frangipani Scrub

Frangipani blended with mineral spa salt moisturizes the skin while removing dead skin cells. Leaving one feeling refreshed and rejuvenated.

45 min 1,500 Baht

Aloe Poutice

Aloe Vera, otherwise known as the 'healing plant' has long been recognized for its natural healing qualities, especially in the treatment of burns and wounds. Combining a soothing application of natural aloe vera gel followed by a cooling compress of fresh cucumber will reduce redness irritation and calm the skin.

60 min 2,500 Baht

Mud Detoxification

This natural mud product is enriched with mineral elements that aid in well-being, is applied over the entire body. All the blissful healing has a wide range of uses as it softens the skin, relaxes the muscles, revitalizes the organism and soothes pain.

60 min 2,500 Baht

Bath Service

Jasmine bath milk

30 min 500 Baht

Refreshing bath milk

30 min 500 Baht

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Facial Care

Purify For Men

Natural extract of oak and birch which has toning, moisturizing, calming and anti-oxidizing properties. This provides the skin all the elements needed to protect itself. Eliminates dead cells, refines skin's feeling and enhances the complexion. The skin is left supple, radiant and glowing

60 min 2,500 Baht

Especial For Women

Revitalizing, toning, this multi-vitamin orange smoothie mask is ideal for any skin type, in particularly for tired skin or dull and muddy complexions. These natural, innovative and astonishing cocktails are tasty and nutritionally perfect.

60 min 2,500 Baht

Andara Retreat

Enjoy a revitalizing black sesame scrub that removes dead cells and also softens skin. This treatment is Pampered by a Swedish massage leaving you feeling fully rejuvenated.

90 min 3,500 Baht

Spa Escape

A Combination of the Javanese Massage with rejuvenation facial. Immerse yourself for 2 hours of complete spa bliss.

120 min 4,500 Baht

Nail Care

A luxurious grooming treatment for hands and feet including an aromatic soak, scrub and soothing massage.

Essential Manicure

700 Baht

Essential Pedicure

800 Baht

Essential Manicure & Pedicure

1,200 Baht

Hair Salon

Shampoo & style

1,000 Baht